

ESADp

For each item, choose the response that best describes you over the PAST SIX MONTHS.

Give close attention to detail and avoid careless mistakes

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Sustain (keep) attention on tasks or play activities

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Listen when spoken to directly

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Follow through on instructions and finish school work and chores

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Organize tasks and activities

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Engage in tasks that require sustained mental effort

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Keep track of things necessary for activities (don't lose them)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Ignore extraneous stimuli (unimportant things around you)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Remember daily activities

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Sit still (control movement of hands or feet or control squirming)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Stay seated (when required by class rules or social conventions)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Modulate motor activity (inhibit or don't do inappropriate running or climbing)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Play quietly (keep noise level reasonable)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Settle down and rest (control constant activity)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Modulate verbal activity (control excessive talking)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Reflect on questions (control blurting out answers)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Await turn (stand in line and take turns)

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

Enter into conversation and games without interrupting or intruding

- ☐ Far below average
- ☐ Below average
- ☐ Slightly below average
- ☐ About average
- ☐ Slightly above average
- ☐ Above average
- ☐ Far above average

If you wish to explain any of your answers to the above questions, please use the comment box below.